

Watch videos online

Go to the website: <http://www.dentistry.uiowa.edu>

- Move your cursor over “About us” for a pull-down menu.
- Move cursor over “Departments” to reveal department list and then locate and click on “Pediatric Dentistry.”
- At left, click on “Health Professionals,” and then click on “Educational videos.”
- To play a video, click the forward button (the triangle icon).

Make sure your sound is turned up!

Download/save a video to watch at a later time

To download: Verify your computer has a media viewer program. Many programs are available but typically, PCs have Windows Media Player (file extension “.wmv”) and Macs have QuickTime (file extension “.mov”).

- Go to the website: <http://www.dentistry.uiowa.edu> and follow the instructions above.
- Instead of playing the video download by using the the “download” links below the description of the video you want.
- Select a location where you want to save the video file.

After you save a video you may watch it directly from a file on your computer, even if you’re no longer connected to the Internet.

Eight short free online videos are available from the University of Iowa Department of Pediatric Dentistry that include important topics such as:

- ▶ How to do oral examinations for infants and toddlers
- ▶ Caries risk assessments of young children
- ▶ Group toothbrushing information for early childhood settings
- ▶ Oral health information for pregnant women
- ▶ Oral health information for parents and providers

For more information about the videos from the University of Iowa, Department of Pediatric Dentistry, please contact:

Cathy Skotowski at
cathy-skotowski@uiowa.edu or
Tom Rendon at tom.rendon@iowa.gov.

For information about Head Start, contact:

The Iowa Head Start Association
c/o The Iowa Association for the Education
of Young Children
5525 Meredith Drive, Suite F
Des Moines, IA 50310
800-469-2392 Ext. 13
www.iowaheadstart.com

For dental and non-dental health professionals, and for families and caregivers of young children.
Available in English and Español.

PROMOTE HEALTHY TEETH!

Learn how with free online videos from the University of Iowa Department of Pediatric Dentistry —perfect for group training, one-on-one consultation, waiting room education or at-home viewing



Faculty and residents from the University of Iowa's Department of Pediatric Dentistry developed pediatric oral health videos for health professionals and families/caregivers. These videos provide a quick and easy way to learn about examining and caring for young children. They can be viewed online or downloaded to your computer (see instructions on back). Share this information with colleagues, dental professionals and families—everyone you know who has an interest in children's oral health. Video production was made possible from the Delta Dental of Iowa Public Benefit Fund.

VIDEOS FOR DENTAL AND NON-DENTAL HEALTH PROFESSIONALS

Including teachers and health coordinators



Infant Oral Exam

(7:09 minutes)

The American Academies of Pediatrics and Pediatric Dentistry, and Iowa's

Medicaid regulations, recommend children see a dentist by age one. This easy-to-follow video is aimed specifically at dental and non-dental health professionals who may be intimidated by the concept of examining young children. It demonstrates how to perform an infant oral exam using the knee-to-knee method and what to look for during the exam.



Toddler Oral Exam

(6:30 minutes)

This video emphasizes the importance of early oral exams and instructs dental and non-dental health professionals on how to perform a toddler oral exam using the knee-to-knee method. It also demonstrates what to look for during the exam. Iowa regulations call for an assessment of young children every year beginning at age one.

Caries Risk Assessment

Used to assess the level of risk of caries in infants, children and adolescents based on a set of clinical, environmental and general health factors.



Caries Risk Assessment for the Young Child

(6:13 minutes)

Caries risk assessment is used to ascertain the level of dental caries risk in infants, children and adolescents based on a set of clinical, environmental and general health factors. This video shows health professionals how to conduct a caries risk assessment for young children. It also reviews the risk factors for early childhood caries and strategies for preventing dental caries.



Modified Toothbrushing Protocol

(12:59 minutes)

This video assists early childhood educators in teaching young children how to brush their teeth. It demonstrates proper tooth brushing technique and shows teachers how to model tooth brushing in the classroom. Also included are ideas for how to work regular tooth brushing into a classroom schedule.

VIDEOS FOR CAREGIVERS/FAMILIES



Oral Health for the Young Child

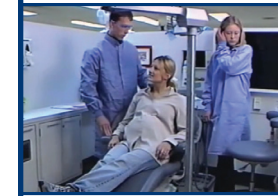
(7:05 minutes)

The perfect accompaniment to the "Healthy Smiles for Young Children" flip chart, this video is designed to educate parents and providers about children's oral health. It is an ideal tool for explaining the importance of establishing a dental home by age one and gives valuable tips for maintaining proper oral health.

Salud Oral del Niños Pequeños

(7:05 minutes)

Spanish version of "Oral Health for the Young Child."



Your Oral Health is Your Baby's

(5:06 minutes)

Many expecting mothers are unaware of how the health of their teeth determines the health of their babies. This video educates pregnant women on the importance of proper oral health during pregnancy and how a pregnant mother's oral health can affect the health of her baby. It is perfect for health professionals to use in instructing pregnant women at prenatal appointments and dental visits.

Tu Salud Oral es la de tu Bebe

(5:06 minutes)

Spanish version of "Your Oral Health is Your Baby's."