

Iowa

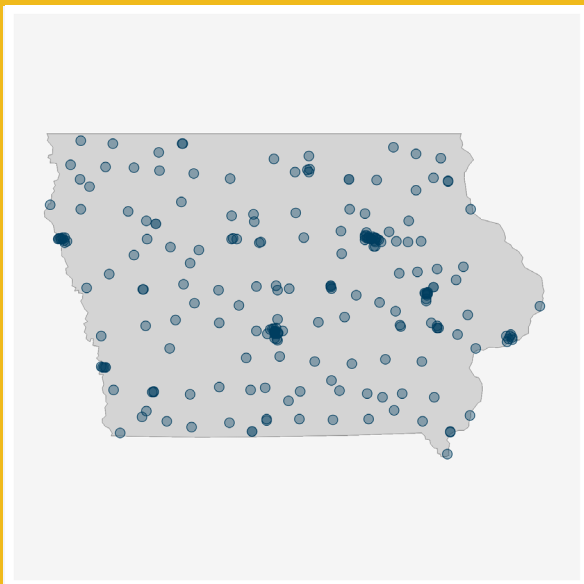
2023 Head Start & Early Head Start Profile

“I give a tremendous amount of credit to Head Start for helping me to achieve my career goals. I’ve met people in the community who saw my potential and recognized that I was striving for more, for both for myself and my daughter. Without Head Start, I don’t believe I’d be nearly as successful as I have been in achieving my career dreams.”

— Lisa Reid, *Creston*



Visit nhsa.org/locator to view state maps in detail.



• **220**
Head Start and Early Head Start Centers Statewide

\$80,666,369

FY22 Funding

7,148

Funded Slots Statewide

5,445

Funded Head Start Slots

1,703

Funded Early Head Start Slots

Head Start's Model

Nationwide, Comprehensive, Multi-Generational

In the six decades since our founding, we have reached a new milestone: 37 million children have been served by Head Start. Innovators and small business owners, police officers and members of the service, nurses and teachers—our alumni represent the vast and diverse fabric of our country. From early math and reading skills, to confidence and resilience, Head Start helps children build the skills they need to be successful in school and life.

Head Start takes a comprehensive approach to meeting the needs of young children and their families. **There are four pillars in every program:**

Education: Learning experiences support intellectual, social, and emotional growth

Health Services: Immunizations, dental, medical, and mental health support, nutritional services, and early screenings ensure healthy development

Family Involvement: Opportunities for parents and caregivers to be involved in decision making, participate in classes, and volunteer in the program strengthen families

Wraparound Support: Tailored services meet local and individual needs and link children and families to community supports.

“ The key takeaway is that the benefits of Head Start appear to transfer from one generation to the next in a substantial way... These results imply that cost-benefit analyses of Head Start and similar early childhood interventions underestimate the benefits of such programs by ignoring the transmission of positive effects across generations.”

— *Breaking the Cycle? Intergenerational Effects of an Antipoverty Program in Early Childhood*, Journal of Political Economy, 2022

